



Proudly serving 44 Farms registered Black Angus Beef, Texas raised, without growth hormones or antibiotics, fed on Native grasses and grains, aged a min. of 28 days.

WELCOME TO BUFFALO WEST RESTAURANT

Locally owned and operated since 2012

7101 Camp Bowie West • Fort Worth, TX 76116
(817) 732-2370 • www.buffalowestfw.com

 = Blue Zones Project® Menu Items

APPETIZERS

Fresh Salsa and Chips	6
add spicy queso with sausage	4
Quesadillas	
Fresh flour tortilla, grilled with Monterrey Jack cheese, onions, bell peppers, your choice of beef, chicken, or shrimp served with pico de gallo, sour cream, and guacamole	11
Calf Fries (a signature item)	
A generous portion of a Lone Star tradition served on a bed of lettuce with fries and spicy Cajun ranch sauce.....	11
Buffalo West Sampler Platter	
A generous assortment of potato skins, tender sirloin steak bites, golden hand-breaded onion rings, chicken tenders, and home cooked Buffalo chips, served with assorted dipping sauces.....	16
Crawfish Corn	
Seasoned batter-fried crawfish tails with Cajun ranch dipping sauce.....	11
Chicken Nachos	
Tortilla chips layered with chicken and pico de gallo covered with Monterrey Jack cheese.....	11
Steak Bites	
Tender sirloin pieces served over onion straws.....	12
Firecracker Shrimp	
Hand-breaded shrimp tossed in a sweet and spicy sauce....	11
Onion Rings	
Basket of hand-breaded onion rings	8

SOUPS & SALADS





Vegetable Soup 	
Made from farm fresh heart-healthy vegetables	6
Lobster Bisque	
Traditional creamy lobster base with succulent lobster	8
French Onion Soup	
Traditional style topped with Provolone cheese.....	7
Soup & Salad Bar	
Choose from a variety of ingredients to create your perfect salad and a choice of four fresh, hot soups	
Lunch (11am-4pm): Mon-Fri.....	8.5
Saturday.....	11
Sunday Brunch (10:30am-2pm)	12.5
Dinner.....	15
<i>Served with sautéed vegetables, broccoli, sweet potato or baked potato</i>	
Steak & Spinach Salad	
Marinated beef medallions layered between sliced tomatoes, red onion, and baby spinach topped with bleu cheese and balsamic reduction.....	15
Strawberry Spinach Chicken Salad	
Baby spinach tossed with sliced strawberries, broiled chicken breast, pecans, and sliced red onion with a raspberry dressing	14

TRADITIONAL SANDWICHES & BURGERS

{All sandwiches served with lettuce, tomato, onion, pickles,  vegetable medley,  broccoli, fries or rice pilaf}

Add a trip to the Soup and Salad Bar	5
Buffalo West Burger *	
8 oz Hand-patted burger with your choice of toppings Choose 3 of the following: American, Swiss, jack, cheddar or bleu cheese, bacon, jalapeños, sautéed mushrooms, and onions	13
Monte Cristo	
Ham, turkey, Swiss, and American cheese on wheat berry bread deep-fried in tempura batter dusted with powdered sugar and served with raspberry preserves.....	12.5
Texas Steak Sandwich	
Shaved prime rib, sautéed onions, jalapeños, and Monterrey Jack cheese on a baguette.....	12.5
Casalunga Chicken	
Grilled chicken topped with crisp bacon, Swiss cheese, Cajun mayo, lettuce, and tomato served on ciabatta bread.....	12
New York Style Reuben	
Thin slices of turkey or corned beef, sauerkraut, Thousand Island dressing, melted Swiss cheese grilled on pumpnickel bread.....	12.5
With turkey and corned beef.....	15
Club Sandwich	
Ham, turkey, bacon, lettuce, tomato, American cheese served on toasted wheatberry bread	13
Prime Rib Dip Sandwich	
Slow-roasted fresh shaved Prime Rib served on toasted baguette bread with a side of au jus and creamy horse radish sauce	16
Soup and a Half	
Bowl of French Onion soup topped with melted Provolone cheese and 1/2 a Club Sandwich.....	12.5
Philly Cheesesteak Sandwich	
The traditional "Philly Style" cheesesteak sandwich with onions, mushrooms, Provolone cheese served on an authentic bun	12
Buffalo West Philly Cheesesteak	
Cheesesteak sandwich topped with pepper jack cheese, onions, bell peppers, mushrooms and fresh jalapeños	12

LIGHT & TASTY

Warm Grilled Vegetable Sandwich 	
Grilled zucchini, red peppers, mushrooms, feta cheese, lettuce, and tomato on wheat berry bread served with vegetable medley, broccoli, or sweet potato.....	12.5
Grilled Portabella Mushroom 	
Topped with melted herbed goat cheese paired with sweet potato and grilled asparagus	13
Buffalo West Veggie Plate 	
Steamed mixed veggies paired with jalapeño, onion, potatoes, and tomato-spinach-feta salad with honey-balsamic drizzle	12.5
Veggie Tacos 	
Corn tortillas filled with seasonal vegetables, pico de gallo and feta cheese. Paired up with corn relish	12

*Burgers are cooked to medium unless customer states otherwise.

ENTRÉES

{Substitutions include ✓vegetable medley, ✓broccoli, sweet potato, rice pilaf, baked potato, fries, or any of the \$5 sides}

Add a trip to the Soup and Salad Bar 5

BEEF**

Cowgirl Ribeye

16 oz custom-cut bone-in Ribeye charbroiled served with fresh vegetables, sweet potato or baked potato 41

Cowboy Ribeye

22 oz custom-cut bone-in Ribeye charbroiled served with fresh vegetables, sweet potato or baked potato 48

Buffalo West Sizzler

16 oz custom-cut bone-in Ribeye served on a hot cast iron skillet topped with sautéed onions, bell peppers, mushrooms, jalapeño with baked potato 43

Prime Rib {served after 4:00 pm}

Our signature slow-roasted Prime Rib served with baked potato
8 oz.....25
12 oz.....33
16 oz.....37

Steak, Bake & Salad

8 oz Sirloin with baked potato and a trip to our Soup and Salad bar 25

Chicken Fried Ribeye

Chicken fried ribeye steak smothered in homemade white pepper gravy served with mashed potatoes 17

Chopped Beef Steak

Traditional chopped beef topped with sautéed onions, mushrooms, and gravy, served with mashed potatoes 17

Pot Roast

Pot Roast served with homemade mashed potatoes and fresh mixed vegetables 16

CHICKEN & PORK

Skillet Chicken

Grilled boneless skinless breast of chicken topped with jack cheese served with pico de gallo, guacamole, and jalapeño onion potatoes 17.5

Hawaiian Chicken

Broiled marinated chicken breast topped with pineapple served with rice pilaf and a trip to our Soup and Salad Bar 21

Blackened Chicken Tacos

Blackened chicken breast with shredded cabbage, chipotle aioli and pico de gallo tucked in your choice of corn or flour tortillas served with guacamole, pico de gallo, sour cream, and tortilla chips 16

Chicken Fried Chicken

Chicken fried chicken smothered in homemade white pepper gravy served with mashed potatoes 16

Chicken Fried Pork Chop

Chicken fried pork chop smothered in homemade white pepper gravy served with mashed potatoes 16

FROM THE SEA

Fried Catfish

Traditional fried catfish served with fries and homemade jalapeño hushpuppies 17

Shrimp Fresco ✓

Six jumbo shrimp sautéed in extra virgin olive oil with a pinch of garlic, sautéed spinach, farm fresh vegetables and topped with goat cheese 23

Tilapia

Tilapia, broiled or blackened, served with rice pilaf and a trip to our Soup and Salad Bar 20

Grilled Salmon

8 oz Grilled salmon filet served with savory rice pilaf 25

Baja Mahi Tacos

Blackened Mahi served in corn or flour tortillas with shredded lettuce, pico de gallo, and feta cheese. Served with guacamole, pico de gallo, sour cream, and tortilla chips 16

SIDES

Vegetable Medley ✓

Farm fresh vegetables sautéed in extra virgin olive oil with a pinch of garlic 5

Broccoli ✓

Fresh steamed broccoli 5

Asparagus ✓

Fresh asparagus sautéed in butter and lemon 6

Sweet Potato Tots 5

Skillet Beans

Slow-cooked ranch style beans, fresh ground beef, and BBQ Sauce 6

Sweet Potato

Baked sweet potato, topped with brown sugar, cinnamon, and marshmallows 6

Rice Pilaf

Seasoned long grain and wild rice 5

Loaded Baked Potato

Baked potato topped with butter, sour cream, bacon bits, cheddar cheese, and chives 6

Onion Rings

Fresh fried onion rings 5

DESSERTS

Bread Pudding

Warm homemade bread pudding covered with Irish cream whiskey, brown sugar, and pecans 8

Texas-Sized Waffle

Fresh hot Texas-shaped Belgian waffle with praline pecan ice cream, decadent hot fudge sauce and topped with whipped cream 8

100 Calorie Bread Pudding Nice Bite ✓ 5

Homemade Belgian Waffle Nice Bite ✓ 5

Topped with fresh strawberries and honey 5

Ask your server for additional dessert selections



✓ = Blue Zones Project® Menu Items

Blue Zones Project® is a community-led well-being improvement initiative designed to make healthy choices easier through permanent changes to environment, policy, and social networks. Look for the blue checkmark for easy healthy choices.

To learn more, visit bluezonesproject.com



THANK YOU FOR CHOOSING
BUFFALO WEST RESTAURANT

FOLLOW US!

OpenTable® Reservations also accepted by phone

**Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.